How To Learn Football

Just as a warning football is kind of complex, so this how to will be a somewhat lengthy how to article. Get your coffee ready because if you're not really interested in learning about football you're in for a long article. Have you ever been in the situation when your husband or boyfriend is really getting upset at a football game? Chances are you don't have any clue on what's going on or you don't know enough to understand what's going on. No problem because hopefully you're going to learn a lot about football that you didn't know prior to reading this. You're going to learn how to learn about football in this blog.

Supplies:
1. You need a husband or boyfriend who watches football
2. You need a TV with sports channels
3. You need some sort of apparel that represents your husband/boyfriend's favorite team

Additional Tips:
1. If you don't have a boyfriend or husband, you'll need a father or some sort of male family member or male friend who loves football. This way when you get a boyfriend or get married to some guy who loves football, you could easily impress them.

Okay so let's start with offense side of the ball. Offense is when one team has control of the ball and is trying to move down the field and score points. Usually you can tell who's on offense if you see the quarterback possessing the ball. The quarterback is the player who throws, hands the ball off to the running back, or who can run himself. The running back is usually handed the football to run, also is used to catch short passes, and they sometimes help block for the quarterback in a pass play. Then you have wide receivers who run routes to catch the passes, and also tight ends who are bigger guys who typically catch shorter passes and block defensive players. Then there's offensive linemen that are extremely vital to any offensive success. They help block the defenders in order for these plays to develop.

There's only two ways an offense can score points. One being a field goal where the kicker comes in and kicks the ball between the goal post, usually referred to as "the uprights", which is worth 3 points. The offense can also score a touchdown which is worth 6 points, which means the offense was able to put the ball in the end zone from either a pass or a run. Then the offense has the chance for a PAT, which means point after touchdown. This is when the kicker comes out and kicks the ball through the uprights, or a team can rush or pass for 2 points instead of one. The one point conversion is much more common because the only reason a team would go for two is...
if they're down late in the ball game and if they needed the conversion for it to turn the game into a one possession game.

Now let's move to the defense. The whole point of the defense is to stop the offense from doing anything. The defense try's to swat the passes down, stop the running backs from gaining big yardage, tackle the receivers, and to tackle any offensive player if they're gaining yards. The defensive linemen' job is to penetrate through the offensive linemen to either sack the quarterback, stop him from running, or stop the running back. When the defensive linemen "sack" the quarterback that means that they got past the offensive linemen and tackled him while he was attempting to pass. Now linebackers are pretty much a hybrid of defensive linemen and the secondary. They can blitz which means to attempt to penetrate the offensive linemen to sack or tackle the ball carrier. Or they can drop back into coverage and defend running backs who go out to catch a pass or tight ends who go out to catch a pass. Then you have defensive backs who's job is to defend the receiver and keep him from catching the ball, but if he does catch it then they obviously need to tackle the receiver.

Now here's the very simple side of football, special teams. At the start of the game both special teams come onto the football field. One team is kicking the ball off and the other is receiving the ball to start their offense first. Now if a team is unable to complete a first down and they're out of field goal range, they'll punt the football to the other team. Seems pretty simple right? Also if the team is unable to complete a first down but is a field goal of 50 yards are less away they will typically attempt the field goal. The kicker comes onto the field, lines up his kick, and nails it through the uprights. So that's a rundown of offense, defense, special teams, and the position's jobs.

There's still penalties, but I'll just link them so I don't overwhelm you with all these boring words. If you're still not understanding football, read the article again I suppose. If it's still not working, then you might as well not even try and especially don't ask your husband/boyfriend what's going on if he seems upset. That's honestly the worst time to ask what's going on. I can't count how many times someone has asked me what's going on when I'm upset about something stupid my team did, or a stupid penalty that was in forced on us.